

### HELPING CLIENTS FACE THEIR FEARS



As a kid during Halloween season, I used to visit the local spook walks and haunted houses. They have plenty of scares to get you shrieking and get the adrenaline pumping. Whether it was guys with fake chainsaws, ghosts, or fake scary monsters popping out at you suddenly from all directions, there were countless opportunities to jump out of your skin. I realize now that some actor lunging at you and yelling loudly wasn't the scariest part — it was ... [CONTINUE READING](#)

### IS REMOTE WORK THE FUTURE?



Think about your current work environment for a second. Is it the same as it was three years ago? Likely not, as the traditional workplace was overhauled due to the COVID-19 pandemic, and now, many employees across various industries are working remotely. But can work return to the offices full time? Should it? Julia Hobsbawm answers these questions and more in her book "The Nowhere Office: Reinventing Work and the Workplace of the Future. ... [CONTINUE READING](#)

### A CAT HELPED WRITE A PHYSICS PAPER?



Cats defy the laws of physics all the time, so it's only fitting a cat would teach us physics more directly — by coauthoring a highly cited, influential physics paper.

In 1975, Jack H. Hetherington was a professor of physics at Michigan State University, and he completed a paper on atomic behavior. However, he had a problem ... [CONTINUE READING](#)